

The Cookeville Surgery Center: Day of Surgery Checklist

- ✓ If you are ill the day before surgery, please notify your surgeon. Your surgery may have to be postponed.
- ✓ If you do not feel well on the day of surgery, please call the center at 931-526-8115.
- ✓ **For General Anesthesia / Going to Sleep: DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** the night before surgery; this includes water. Children under 2 years of age may have clear liquids up to 2:00 A.M., then nothing else until after surgery – not even a sip of water. **Exception: follow instructions given by the anesthesia office.**
- ✓ Please leave jewelry and other valuables at home for safekeeping.
- ✓ Wear comfortable clothes. We will have surgery clothes for you to change in to. You may bring socks to wear.
- ✓ If you wear contacts or eyeglasses, please bring your storage container.
- ✓ If you use inhalers, please bring them with you.
- ✓ Do not wear makeup, nail polish, perfume, or aftershave.
- ✓ The patient should bathe the night before surgery. Shampooing the hair is also important as it could be a period of time before this can be done again.
- ✓ Minor patient (17 years old and younger) must be accompanied by a parent or legal guardian.
- ✓ A family member or friend should accompany you for the drive home.
- ✓ Please limit those who stay with you to two, as waiting room space is limited.
- ✓ Our schedule is timed in a manner to attempt decrease of waiting time as much as possible. If you are going to be late, please notify us in advance. We will try to accommodate or reschedule your surgery.
- ✓ If you have any questions regarding surgery, please do not hesitate to call us at 931-526-8115.